FOR IMMEDIATE RELEASE

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Senior Living Community Opens in Northfield

Benedictine Living Community of Northfield, a new senior living community in Northfield, is excited to announce its opening. The community is located at 2030 North Avenue across from Northfield Hospital + Clinics and features independent living, assisted living, and memory care apartments. The senior living community provides worry-free living for those who want the freedom to pursue their passions during retirement.

After years of design and planning, and almost two years of construction, the first residents began moving in December 1.

"We are thrilled to open our doors and serve seniors from across the state," said Ken Kirkman, Benedictine housing administrator. "Several residents have already moved in with more on the way, and we are excited to celebrate the opening of the community. The level of care and hospitality we provide is unmatched in the area. Family members know when they come to Benedictine Living Community of Northfield their loved ones are getting the best care with an array of amenities to enjoy."

Benedictine Living Community of Northfield offers nutritious, chef-prepared meals that are made to order in a restaurant-style dining room each day, housekeeping and laundry services, a beautiful club room to enjoy cocktails with your friends, beauty/barber shop and so much more.

"Benedictine Living Community of Northfield is a beautiful community that affords residents the comforts of a carefree and maintenance-free lifestyle," said Kernal Buhler, sales and outreach specialist for Benedictine.

Benedictine Living Community of Northfield is part of the Benedictine Health System. For more than 30 years, Benedictine Health System, a nationally recognized, non-profit senior care organization based in Duluth, Minn., has provided a full spectrum of health and housing services to aging adults. Benedictine owns and manages skilled nursing, assisted living and independent living communities across the upper Midwest and offers services in such areas as therapy, rehabilitation, memory care, home health care, adult day and transitional care. Benedictine is sponsored by the Benedictine Sisters of St. Scholastica Monastery, Duluth. Additional information may be found at www.bhshealth.org.

For more information, visit <u>www.blcnorthfield.org</u> or contact Ken Kirkman at 507-512-5720 or <u>ken.kirkman@bhshealth.org</u>.